

April 2019

Published by the Yarloop CRC for distribution to the Yarloop – Cookernup Community

Next Issue:

May 2019

Deadline:

10th April 2019

21 Teesdale Street,
Yarloop
Phone: (08) 9733 5600
Email: yldic@bigpond.com

Open Hours:
Monday – Friday
9am to 3pm

Copies available at:
Yarloop CRC
Cookernup General Store

Or via email when you
register your details with
the Yarloop CRC.

April Events

**Contact the CRC to have
your events added here**

Joke of the month

**Q: Why did the forgetful
chicken cross the road?**

**A: To get to the other
side -- er, no -- to go
shopping -- no, not that
either -**



THE YARLOOP YOUTH GROUP RECEIVED A VISIT FROM THE LOCAL YARLOOP VOLUNTEER BUSH FIRE BRIGADE LAST WEEK. THE KIDS GOT TO USE THE FIRE HOSES TO PLAY GAMES AS WELL AS JUST HAVING FUN SPRAYING EACH OTHER AND WERE LUCKY ENOUGH TO SIT IN THE FIRE TRUCKS. WITH 30 KIDS ATTENDING FOR THE AFTERNOON THE CRC WAS BUSTLING WITH EXCITEMENT AND ACTIVITY. A BIG THANK YOU GOES OUT TO THE LOCAL YARLOOP VOLUNTEER BUSH FIRE BRIGADE COMING DOWN AND SHOWING THE KIDS WHAT IT'S LIKE TO BE A FIREY FOR THE AFTERNOON





**YARLOOP
CONNECT**

Join us for a weekly catch up!

Morning Tea provided.

**Every Tuesday at the Yarloop CRC
From 10am**

This month
**April 2nd, 9th, 16th,
23rd & 30th**



Yarloop
Community Resource Centre
Your local connection



It's time to take care of YOU!

Relax in the comfort of
your own home.
Mobile massage therapist,
qualified in Relaxation Massage
and Pregnancy Massage.

**Book YOUR
MASSAGE TODAY!**

Mobile: 0429 178 811

www.aliyahmassagetherapy.com.au



BUTTER CHICKEN FOR THE SLOW COOKER SERVES: 6

INGREDIENTS

- 40G BUTTER
- 2 TABLESPOONS (40ML) VEGETABLE OIL
- 4 LARGE SKINLESS, BONELESS CHICKEN THIGHS, CUT INTO BITE-SIZED PIECES
- 1 ONION, DICED
- 3 CLOVES GARLIC, MINCED
- 2 TEASPOONS CURRY POWDER
- 1 TABLESPOON INDIAN CURRY PASTE
- 2 TEASPOONS TANDOORI MASALA
- 1 TEASPOON GARAM MASALA
- 140G TOMATO PASTE
- 15 GREEN CARDAMOM PODS
- 1 (400ML) TIN COCONUT MILK
- 1 CUP PLAIN YOGHURT
- PINCH SALT TO TASTE

DIRECTIONS

PREPARATION: 15MIN > COOK: 6HOURS

MELT THE BUTTER AND VEGETABLE OIL IN A LARGE FRYPAN OVER MEDIUM HEAT. STIR IN THE CHICKEN, ONION AND GARLIC. COOK AND STIR UNTIL THE ONION HAS SOFTENED AND TURNED TRANSLUCENT, ABOUT 10 MINUTES. STIR IN THE CURRY POWDER, CURRY PASTE, TANDOORI MASALA, GARAM MASALA AND TOMATO PASTE UNTIL NO LUMPS OF TOMATO PASTE REMAIN. POUR INTO A SLOW COOKER, AND STIR IN THE CARDAMOM PODS, COCONUT MILK AND YOGHURT. SEASON TO TASTE WITH SALT.

COOK ON HIGH 4 TO 6 HOURS, OR ON LOW 6 TO 8 HOURS UNTIL THE CHICKEN IS TENDER AND THE SAUCE HAS REDUCED TO YOUR DESIRED CONSISTENCY. REMOVE AND DISCARD THE CARDAMOM PODS BEFORE SERVING.



**Walk yourself
happy**

Heart Foundation Walking



Join your local walking group

There's a fun, free and easy way to feel happy and healthy. It's walking – and everyone is welcome to take part.
Come along to our regular walks to meet new friends and boost your health.

Every TUESDAY at 9am
from the Yarloop Community Resource Centre



Yarloop
Community Resource Centre
Your local connection

Visit walking.heartfoundation.org.au for more information

What's happening in the'Loop

CALLING ALL WALKERS!!

We are looking for volunteers to hand deliver our monthly newsletter please, if you can help out at all please let us know 😊

Yarloop CRC is looking for someone who would like to increase their admin skills, maybe you are a mum looking to return to work or someone who has a few hours to spare each week and would like to be help out- initially this would be on a volunteer basis which always looks good on your resume 😊

Get in quick for our free session on how to make beeswax wraps- in conjunction with the new 3 bin roll out session to help us all recycle more and waste less Thursday 11th 10am- 12 noon at the CRC!

It our last youth club this week before schools break for Easter.

We hope everyone has a wonderful time with family and friends over the Easter period and on Anzac day!

KEEP IT LOCAL BUSINESS SHOUT OUT!

FRED BATHURST
YOUR LOCAL BOOK-KEEPING/HANDYMAN

MOBILE: 0414776902
EMAIL: BATHURS.13@BIGPOND.COM
9 RAILWAY PARADE
YARLOOP



HOPPY EASTER EVERYONE!!

Yarloop CWA

7 Station Street, Yarloop
Phone: 0417 705 966

Yarloop Bowling Club

35 Teesdale St, Yarloop
Phone: (08) 9733 5279

Yarloop Volunteer Bushfire Brigade

PO Box 14, Yarloop, WA 6218
Phone: (08) 9733 5043

Yarloop Pony Club

PO Box 54, Yarloop, WA 6218
✉ logfenceponyclub@yahoo.com.au

Yarloop Masonic Lodge

80 Johnston Road, Yarloop
Phone: 0429 933 811



Local

COMMUNITY GROUPS

2019 YOUTH WEEK WA

Pop Up Game Spot

*Tuesday Night
16th April!!!
5:30pm to 10pm*

Tuesday 16th April
Brunswick Junction Town Hall

Second Session
16yr to 25yr -
5.30pm to 10pm

The Pop Up Game spot will host a **Pool table**, **Air hockey**, **Juke Box**, **Photo booth** and more!
With a first in, first served sausage sizzle!
Session 1 during the day and Session 2 at night!!!

Contact us: via Facebook or call
Brunswick Junction CRC - Ph. 9726 1452

South West
9792 5355

PIONEER
CONTACT DISC SERVICE

Western Australian Community Resource Network
Your local connection

Harvey CRC
Yarloop CRC
Brunswick Junction CRC

LDAG
Shire of HARVEY
Harvey, Yarloop & Brunswick Junction CRC

Government of Western Australia
Department of Communities

2019 YOUTH WEEK WA

Pop Up Game Spot

Tuesday 16th April
Brunswick Junction Town Hall

Session One
12yr to 15yr - 10am to 4pm

The Pop Up Game spot will host a **Pool table**, **Air hockey**, **Juke Box**, **Photo booth** and more!
With a first in, first served sausage sizzle!
Session 1 during the day and Session 2 at night!!!

Bus Time Table Tuesday 16th April

Leaving Yarloop	9.40 am	Leaving Brunswick	3.40 pm
Harvey	10.10 am	Harvey	4.00 pm
Arrive at Brunswick	10.30 am	Arrive at Yarloop	4.30 pm

Bookings are essential!

Contact us: via Facebook or call
Brunswick Junction CRC - Ph. 9726 1452
Yarloop CRC - Ph. - 9733 5600

Western Australian Community Resource Network
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Harvey CRC
Yarloop CRC
Brunswick Junction CRC

LDAG
Shire of HARVEY
Harvey, Yarloop & Brunswick Junction CRC

Government of Western Australia
Department of Communities

Two great sessions for our Yarloop youth- transport included- booking essential !!

2019 YOUTH WEEK WA

2019 Saturday Chillax

13 April 2019
Chillin' starts 1PM

Cinema

Bubble Soccer

Supported by the Department of Communities

In partnership with
HARVEY YOUTH GROUP
YARLOOP YOUTH GROUP
BRUNSWICK YOUTH GROUP

Phone: 9729 3311
Website: www.harveyrec.com

Western Australian Community Resource Network
Your local connection

Harvey CRC
Yarloop CRC
Brunswick Junction CRC

Government of Western Australia
Department of Communities

2019 YOUTH WEEK WA

Harvey Saturday Chillax 2019

Bus Time table

Saturday 13th April 2019

at the Harvey Recreation and Cultural Centre

A bus will leave from the Brunswick train station at 12.30pm	A bus will leave from the Yarloop CRC at 12.30pm
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FREE event runs until 5pm (bus returns at 5.30pm)

Bookings are essential due to the limited seating available
Contact us: brunswickjunctioncrc@gmail.com
Ph 9726 1452—Open to youth members of minimum age of 12

Western Australian Community Resource Network
Your local connection

Harvey CRC
Yarloop CRC
Brunswick Junction CRC

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